

A Patient's Guide to Prostate Brachytherapy

Professor Stephen Langley MS FRCS(Urol)
Dr Robert Laing MRCP FRCP
Mr John Davies BSc FRCS(Urol)
Mr Christopher Eden MS FRCS(Urol)

Prostate Cancer Centre, Guildford

**This booklet is intended to help you understand your prostate and
what your operation will involve**

This is a booklet for men who are either considering treatment, or are being treated, for prostate cancer with brachytherapy. It also provides useful advice and information for their families. It is best read in conjunction with the more general booklet in this series, *A Patient's Guide to Prostate Cancer*, which provides an overview of the subject and introduces terms used in this booklet. This booklet may have already been given to you, or it may be viewed and downloaded from the website: www.prostatecancercentre.com

© 2005

ISBN: 1 898763 14 3

This booklet is copyright under the Berne Convention.
No reproduction without permission. All rights reserved.
First published in 2004.
Revised 2005.

Written by:

Professor Stephen Langley, Dr Robert Laing, Mr John Davies and
Mr Christopher Eden
The Prostate Cancer Centre
Stirling Road, Guildford, Surrey GU2 7RF
www.prostatecancercentre.com
Tel: 0845 370 7000 (local rate)

Contents

Introduction	1
Patient Selection	3
The Assessment Visit	5
The Procedure	7
Stage 1 – The Volume Study	7
Stage 2 – The Implantation Process	8
CT Scan	11
Post-Operative Side-Effects	11
Immediate	11
Advice on Drinking	12
Urinary Symptoms	13
Medications	14
Urinary Retention	14
Bowels	15
Erectile Dysfunction	15
Follow-Up After Brachytherapy	16
Other Information	16
Resuming Normal Physical Activities	16
Family Relations	17
Radiation Protection	17
What Happens if the Cancer Returns?	18
Summary	18
Other Resources	19

Introduction

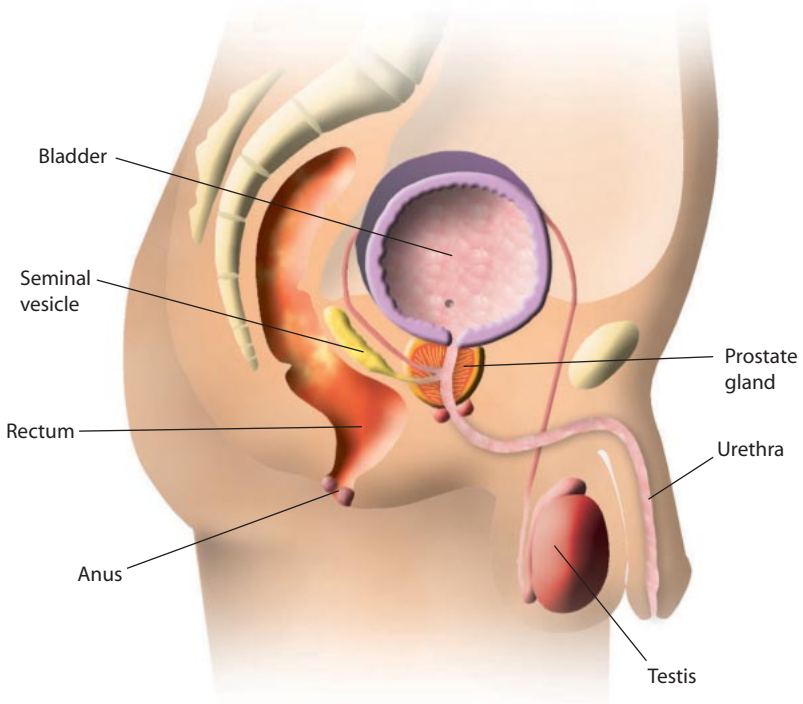
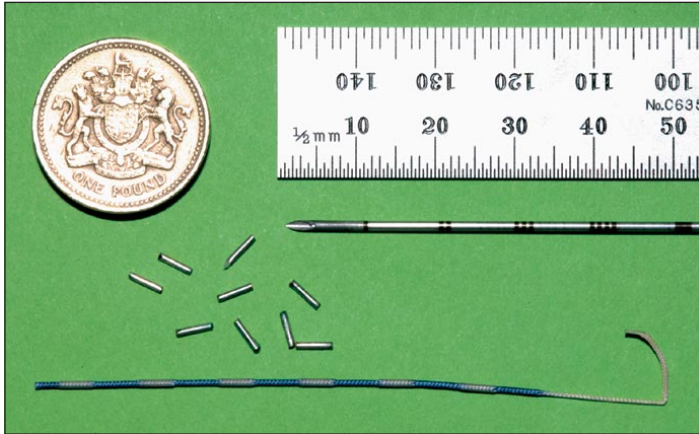


Diagram showing the position of the prostate.

Brachytherapy is a technique for treating prostate cancer, using tiny radioactive seeds of Iodine-125 (I^{125}) that are inserted permanently into the prostate gland. 'Brachy' means close and, in this treatment, the radioactivity is inserted directly into the cancerous organ. This is unlike conventional external beam radiotherapy, where it travels through the body tissues before reaching the prostate gland. Brachytherapy provides a higher, more localised radiation close to the prostate and minimises the effects on the surrounding tissues, such as the rectum and bladder.



Radioactive seeds shown next to a £1 coin and the needle through which they are inserted.

The seeds are tiny canisters of Titanium (4.5mm long by 0.8mm diameter) which contain the radioactive isotope Iodine-125. The half-life of radioactive Iodine-125 is approximately 60 days, which means that most of the radiation is released from the seeds into the prostate gland over the first 3 months. They continue to be biologically active for about 9 months in total. After that, they become effectively inactive.

The latest techniques for brachytherapy were developed in the mid-1980s with the arrival of sophisticated ultrasound probes. These devices enable the accurate implantation of seeds into the prostate, allowing high doses of radiation to be delivered to the cancerous gland.

There are now long-term results from patients who were treated up to 15 years ago, which show that this form of treatment is highly effective in treating and curing patients with early prostate cancer.

Brachytherapy appears to be as effective as other conventional treatments, such as surgery (radical prostatectomy) or external beam radiotherapy, but with a lower side-effect profile (see **Table 1**).

However, brachytherapy is not the only effective treatment for prostate cancer and some patients may be better suited by other methods of treating their prostate cancer.

Table 1: Relative complication rates from local control treatments for prostate cancer.

Clinical Decision Making: Early Prostate Cancer.				
Site	Prostatectomy	External beam radiotherapy	Brachytherapy	External beam radiotherapy and brachytherapy
Rectal	+	+++	+	++
Sexual (impotence)	+++	++	+	++
Urinary				
Incontinence	+++	+	+	+
Retention	+	+	+++	+++

Increasing number of +s indicates increasing complication rates.

Jani and Hellman 2003 *Lancet* **361** 1045-1053

Patient selection

Patients ideally suited for brachytherapy are those for whom there is a good chance that their cancer is confined to the prostate and has not spread outside of the gland. Occasionally, where it is thought there is a higher likelihood that the prostate cancer may have spread to the tissues surrounding the gland, patients will be offered a shortened five-week course of external beam radiotherapy prior to undergoing a brachytherapy implant. This combination therapy allows a greater margin of tissue around the prostate to be treated.

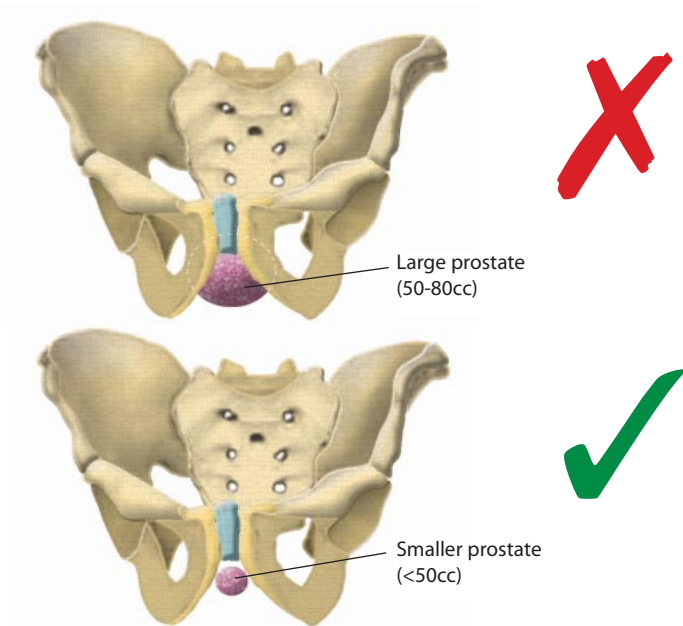
For more information on radiotherapy, please read *A Patient's Guide to External Beam Radiotherapy*, which should be available at your hospital or may be viewed and downloaded from the internet at:

www.prostatecancercentre.com

The brachytherapy team will advise you whether your prostate cancer is suitable for treatment by brachytherapy. Suitable patients will normally have the following characteristics:

- The **PSA** (Prostate-Specific Antigen) level should ideally be less than 20ng/ml at the time of their diagnosis.
- The **stage** of the cancer should be either T1 or T2 on rectal examination, indicating a prostate cancer confined to the gland.

- The **grade** of the cancer should ideally be a Gleason score of 7 out of 10 or less.
- Patients should not suffer with severe urinary symptoms, such as a very weak stream or difficulty emptying their bladder.
- Ideally, the prostate should be relatively small – less than 50cc. If the gland is too large, areas of the prostate may be shielded by the bony skeleton, preventing an adequate implant being performed.
- Patients who have had previous prostate surgery, such as a TURP (transurethral resection of the prostate), are usually best treated by an alternative therapy (e.g. radical prostatectomy or conformal external beam radiotherapy).

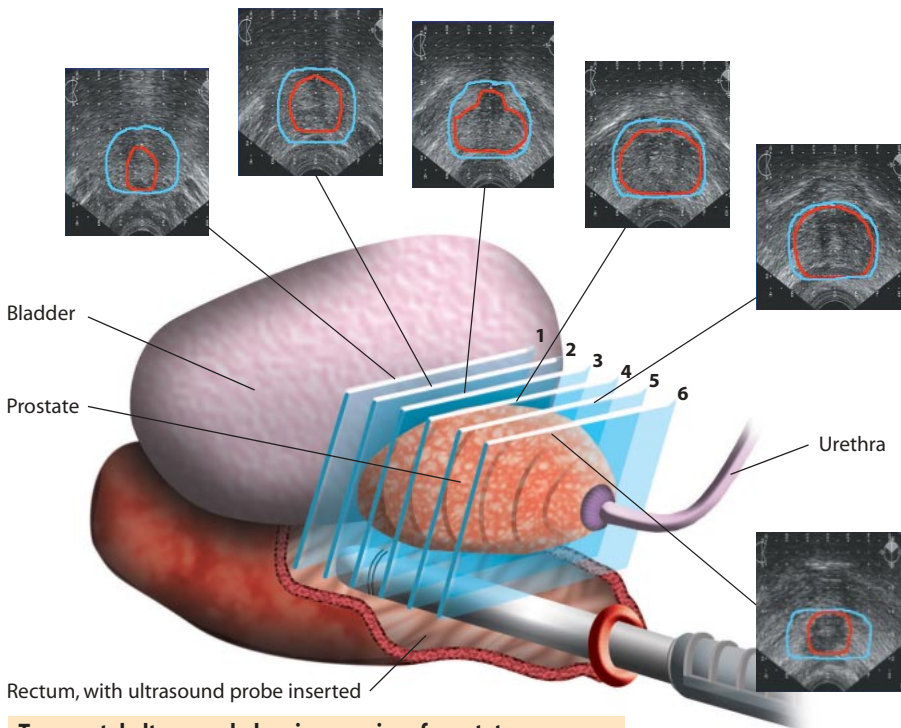


Illustrations showing how the pelvic bones can shield parts of larger prostate glands, preventing adequate implantation of radiation seeds to the whole gland.

The assessment visit

Once referred to the brachytherapy team for assessment as to your suitability for this treatment option for your prostate cancer, you will be sent an outpatient appointment, along with this booklet and an information video.

At your outpatient visit, you may see many members of the brachytherapy team, including both the Consultant Urologist and Consultant Oncologist at the same visit, or you may need to attend for a further outpatient appointment to ensure that you see both Consultants.



Transrectal ultrasound, showing a series of prostate ultrasound images used to construct a 3-dimensional image of the prostate (volume study) and treatment plan.

Key: red line = prostate; blue line = limit of radiation to be delivered.

A general history will be taken as to previous illnesses, operations, medication, etc.

You will have a rectal examination carried out to assess the stage of the cancer. You will also undergo a painless transrectal ultrasound (TRUS) to assess the size of the prostate.

You will be asked to complete a short questionnaire to assess your urinary symptoms, and to come to the clinic with a comfortably full bladder. This is because a flow rate and bladder scan to measure the residual volume of urine left behind after voiding will be performed.

Discussion of the stage and grade of your cancer will take place, as well as your suitability for prostate brachytherapy.

Following your visit, if you are suitable for brachytherapy and are happy to proceed with this as a treatment option for your prostate cancer, the Brachytherapy Co-ordinator will then be able to schedule your potential dates.

An application for funding from your primary care trust may be necessary, if the procedure is to be carried out on the NHS. This can take several weeks and, unfortunately, not all applications are successful. If not, then you will have the option to appeal to your primary care trust or to self-fund your treatment. We can assure you that we will help to fight your cause as strongly as possible.

The Procedure

Prostate brachytherapy is carried out as a two-stage technique, with Stage 1 being **The Volume Study** and Stage 2 being **The Implantation Process** of the seeds, which is carried out approximately 4 weeks later.

Stage 1 – the volume study

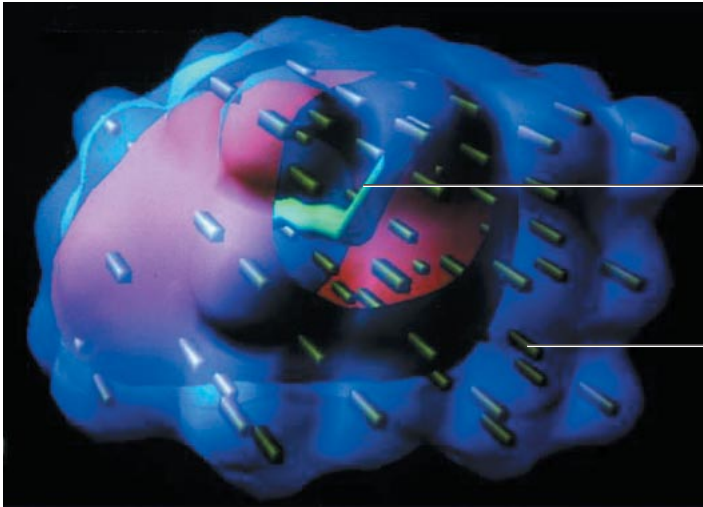
This is a detailed transrectal ultrasound, normally performed as a day-case procedure under general anaesthetic. You should not drive for 24 hours afterwards and will need to be accompanied home by a responsible adult.

You will need to have bowel preparation the day before the procedure, to ensure that the rectum is empty, so that clear ultrasound images of the prostate can be obtained. You will be sent a sachet of Picolax powder to mix with water and to drink the day before. It is important that you drink plenty of water both the day before and for 48 hours afterwards to re-hydrate yourself.

During the volume study, a catheter is placed in the water pipe (urethra) whilst under anaesthetic. This will help to identify this structure during the procedure. The catheter will be removed before you wake from the anaesthetic. You may find that you pass some jelly from the penis after the scan and you may notice some slight discomfort during the first time that you pass urine.

The prostate volume is outlined on the ultrasound images, including the position of the urethra.

A three-dimensional model is then constructed by the brachytherapy planning computer and a dose plan produced. This plan will be unique to each patient and will determine the position and number of seeds needed.



Urethra

Seed in place

Computer simulation of prostate gland, with plan of I^{125} implants to give effective radiation.

*Key:
green = urethra;
red = prostate;
purple = delivered radiation zone.*

The seeds are then ordered for each individual patient.

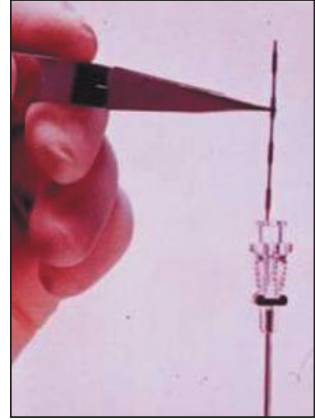
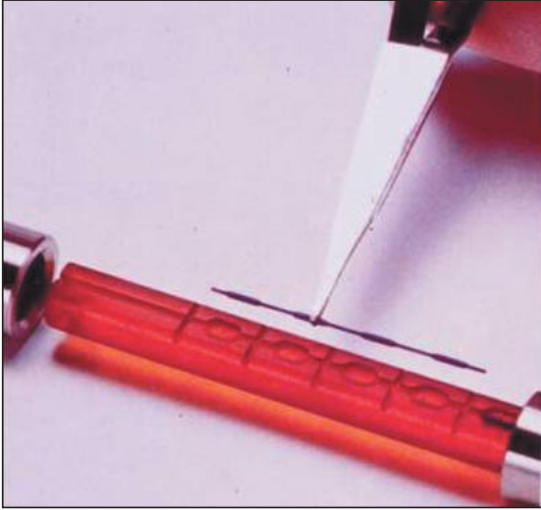
Occasionally, if the prostate gland is too large (between 50-80cc), you may need to have a course of hormone therapy for 3 months, in order to shrink the prostate down to a size that will then be suitable for the seed implant.

Research is currently in progress to allow the volume study to be performed in the out-patient clinic, avoiding the need for a general anaesthetic.

Stage 2 – the implantation process

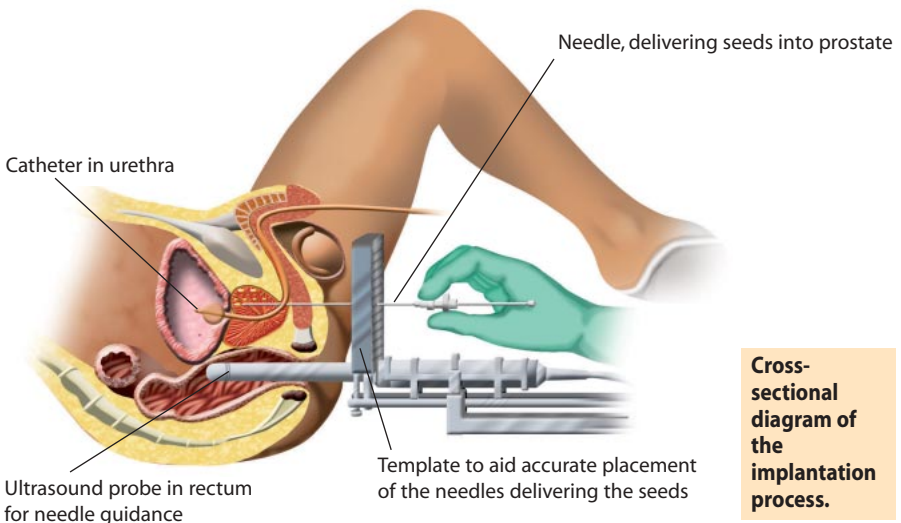
You will be admitted on the day of the procedure. As for the Volume Study, a sachet of Picolax will be sent to you, to be taken the day before the implant, in order to clear the bowel.

The procedure is performed under a general anaesthetic in the operating theatre. Radioactive Iodine seeds are inserted under transrectal ultrasound guidance, using needles that pass through the skin between the legs behind the scrotum (the perineum).



Seed/needle preparation.

Each needle may deliver between 2-6 seeds and, normally, 20-30 needles are required to deliver between 80-120 seeds. Most of the seeds implanted are woven into a strand of absorbable material to help maintain their position and they will remain in place permanently.





Artist's impression of the Stage 2 implantation process.



Post-implant X-ray of seeds in prostate gland, with the ultrasound probe in the rectum.

A catheter is again placed into the urethra whilst you are under anaesthetic. This remains in place for a few hours after the procedure, until the effects of the anaesthetic have fully worn off. X-rays are taken throughout the procedure, to check the position of the seeds.

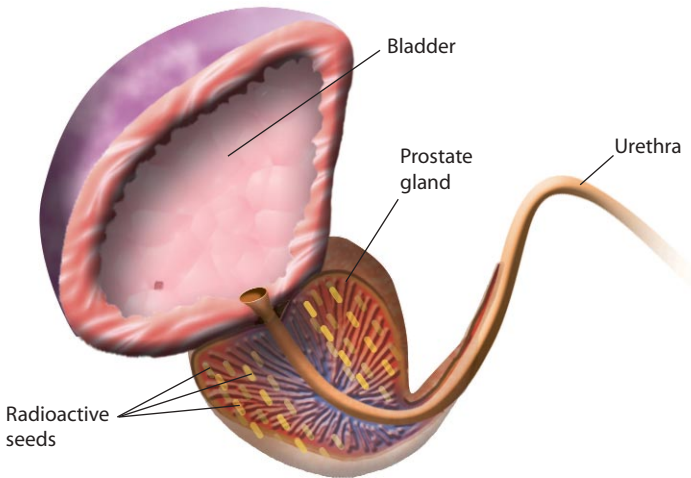


Illustration showing the seeds lying in the prostate gland after implantation.

CT scan

You will have a CT scan either directly following your implant, or early the following morning. This procedure will allow us to check the position of the seeds, to ensure that an adequate radiation dose has been delivered. It is an essential part of the ongoing audit process of our brachytherapy programme. However, in over 500 cases, we have never had cause to re-implant further seeds.

Your catheter will be removed once you have had your CT scan.

Post-Operative Side-Effects

Immediate

Immediately after the operation, you may notice some bruising beneath the scrotum and tenderness between the legs. You will have an ice bag placed between your legs whilst in the recovery room, to help reduce this bruising and discomfort.

Once the catheter has been removed, you may notice some discomfort when passing urine. While in hospital, your urine will be filtered, to ensure that any loose seeds that you may pass are caught. This event is rare and usually will happen within the first 24 hours following implant.

We will ensure that you are able to pass urine satisfactorily before you are discharged home.

A small percentage of patients (approximately 5%) may hold a significant residual amount of urine in their bladder immediately after the implant. This may result in either requiring a catheter to be left in place for a week,

or being taught how to pass a fine catheter themselves for a period of time. This is normally only for two weeks or less, until normal voiding returns.

It is quite common to see some blood in the urine for a day or two after the procedure. This is quite normal, so do not be alarmed.

Advice on drinking

For one week after the implant, you are encouraged to drink plenty of water to flush through any small blood clots that may develop out of the bladder. Thereafter, you should return to a normal drinking pattern and your daily intake should not normally exceed 1.5 litres per day.

It is important that you avoid all caffeinated drinks (tea, coffee, coke) in the first few months after the implant, as these are likely to aggravate your urinary symptoms.



However, alcohol, in moderation, is fine.

You may also find that cranberry juice is helpful. 1-2 glasses per day is enough.



Urinary symptoms

After the implant, it is common for patients to notice a gradual worsening of their urinary symptoms. Often, patients will find that they do not have too many problems during the first couple of weeks following implant. Symptoms will then peak at around 4-6 weeks post-implant, but improve over the ensuing months. For this reason, we would normally advise that you do not travel outside of the UK for the first 2-4 weeks following the implant.

Typically, patients complain of a slow stream, with urinary frequency and urgency during the day and night. There may also be a feeling of incomplete emptying of the bladder, with the need to strain. Most often, the symptoms are worse at night and during periods of inactivity.

These side-effects are due to the swelling of the prostate following the procedure and irritation of the prostate and bladder lining due to radiation from the seeds. They are temporary and will settle in time.

We would normally expect that by 6-9 months following implant a patient's urinary symptoms will have returned to how they were before treatment began.

Medications

After the brachytherapy implant, all patients will receive:

- An alpha-blocker, such as tamsulosin (Flomax®) or alfuzosin (Xatral®).
- An anti-inflammatory painkiller, such as diclofenac sodium (Voltarol®).
- A course of antibiotics, usually ciprofloxacin, for one week.

Alpha-blocker

This tablet relaxes the muscle within the prostate gland and helps to reduce the narrowing of the water pipe as it runs through the swollen prostate, so reducing urinary symptoms. This is best taken in the early evening.

You will be encouraged to take this tablet for at least 3-6 months after the implant and you should get a repeat prescription from your GP.

Anti-inflammatory painkiller

This tablet has two benefits. It is an effective painkiller and is also useful in reducing the inflammation from the swollen prostate gland, so helping to relieve urinary symptoms. You will receive a one-week supply of this tablet from the hospital. Some patients find that they may require a longer course of this medication and this can usually be obtained from your GP.

Antibiotic

You will receive a one-week course of antibiotics, such as ciprofloxacin. These will help to prevent infection following the implant. They are safe to take with an alcoholic drink if desired.

Urinary retention

As previously mentioned, approximately 1 in 20 patients may have temporary difficulty in emptying their bladder after the implant and this can result in urinary retention.

The symptoms of urinary retention are an inability to

pass urine and lower abdominal discomfort, usually with a constant desire to urinate. Should this occur, we suggest that you either contact us (via the number at the back of this booklet) or, in a painful emergency situation, it may be necessary to contact your GP or local A & E department.

In the first instance, you will merely need to have a catheter inserted into your bladder to drain the retained urine. Normally, however, we do prefer to teach patients to catheterise themselves, using single-use disposable catheters, which most patients find is easier and more convenient. This avoids having a permanent, indwelling catheter. The inability to pass urine is usually transient and, within a few weeks, you will find that your bladder starts to empty properly again and the need for catheterisation will stop.

Bowels

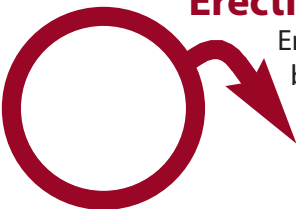
Some patients find that, immediately following the implant, their bowels tend towards constipation. This can usually be relieved by an increase in fresh fruit, vegetables and fibre.

Occasionally, patients can experience troublesome rectal symptoms following their implant, such as frequency of opening their bowels or diarrhoea. This symptom is more common following additional external beam radiotherapy than with a brachytherapy implant alone.

The symptoms are usually self-limiting and can often be managed by changing one's diet slightly, by reducing the roughage, i.e. decreasing fruit and fibre intake. Immodium medication can further reduce any urgency or discomfort. Very occasionally, steroid suppositories are required. These symptoms tend to start 6 months after the implant.

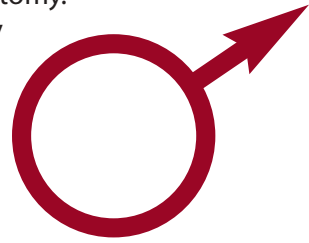
Erectile dysfunction

Erection of the penis may be affected by brachytherapy. The risk is lower in younger men who have had no previous difficulties obtaining an erection and it tends to affect about 25% of our patients following treatment.



Current research suggests that the risk is lower than with other treatments, such as radical prostatectomy. Treatment with tablets, such as Viagra, is usually effective in approximately 80% of patients, should difficulties in achieving and sustaining an erection occur.

Some men notice a decreased or dry ejaculate following brachytherapy. This is a common, temporary, side-effect of Flomax, but can also occur as a result of the brachytherapy implant itself.



Follow-up after brachytherapy

Patients will be regularly reviewed in clinic and their PSA will be first checked 3 months after the implant. Usually, it will then be checked every 3 months for the first year and every 6 months thereafter. Approximately 25% of patients will experience a temporary small rise in PSA (a 'PSA bounce'), typically anywhere between 6 months-2 years after the procedure. This is quite common, with the PSA dropping again after a few months. The reasons for this bounce phenomenon are unclear, but it does not have any effect on the overall success of the treatment.

Other Information

Resuming normal physical activities

You should be able to resume normal activities (e.g. work, shopping) within a few days. However, we would normally advise you to avoid heavy lifting or strenuous activity for the first two weeks after your implant.

Many patients are concerned about whether an implant poses any potential dangers of radiation exposure to their family and friends. It is important to remember that although the seeds are radioactive, you



are not. Objects that you touch or items that you use do not become radioactive. Other people may use linen, clothing, tableware, or dishes after you without special precautions. Your bodily waste (urine and stool) are not radioactive.

There are no restrictions on travel or physical contact with other adults. However, special precautions listed below should be taken when in contact with small children and pregnant women in the first 2 months following treatment.

Family relations

You may sleep in the same bed as your partner, provided she is not pregnant. Sexual intercourse, using a condom, may be resumed after 1 month, once you feel comfortable to do so. Initially, a condom should be used, because there is a very small risk that a seed may be passed in the semen.

Your semen may be discoloured dark brown or black. This is normal and is a result of bleeding that may have occurred during the implant. Following 2-3 ejaculations, it will not be necessary to use a condom.

Radiation protection

There are no formal restrictions on your activities when you return home. However, we recommend that the following precautions are followed for the first 2 months after the implant, after which time the radiation levels reduce significantly and you may resume life as normal.

1. Women who are or may be pregnant should not sit very close to you (e.g. on the same sofa or bed) for more than a few minutes a day. However, you may continue to greet or hug them as you would have done before the implant and spend as long as you wish in the same room as them.
2. Do not sit children on your lap for long periods. As

explained above, you may briefly cuddle them for a few minutes and they may stay in the same room as you for as long as you wish.

3. Other adult family, friends and colleagues are not at risk and restrictions on time and activities are not necessary.

What happens if the cancer returns?

Whilst the success rate of brachytherapy seems to be as high as for surgery, neither treatment option can guarantee cure. Should the cancer return in the prostate gland, a radical prostatectomy, cryotherapy or high-intensity focused ultrasound (HIFU) are possible further treatment options that can still provide cure.

Summary

Brachytherapy is a very effective treatment for early prostate cancer, with patients rapidly returning to normal activities.

Urinary incontinence after this procedure is rare (less than 1%) and the risk of impotence seems lower than with surgery and external beam radiotherapy.

Patients do, however, experience a temporary deterioration in their urinary symptoms for the first 6 months or so after their implant.

It is important to remember that the day you are discharged from hospital after the implant is really the day that your radiotherapy treatment starts.

Other Resources

Information video

The Prostate Cancer Centre has produced a patient information video, entitled *An Introduction to Prostate Brachytherapy*, that describes the procedure in more detail and reports the individual experiences of patients treated by this technique. The video may be downloaded and viewed through the website at:

www.prostatecancercentre.com

Alternatively, a video or DVD can be sent through the post by contacting the Prostate Cancer Centre on:

Tel: 0845 370 7000 (local rate)

Useful website addresses and support networks

CancerBACUP

www.cancerbacup.org.uk

'Helping people live with cancer.'

CancerSupport UK

www.cancersupportuk.nhs.uk

'Coping with cancer at home.'

PCaSO

www.pcaso.com

'To improve the diagnosis, treatment, care and support to those troubled by this cancer.'

The Continence Foundation

www.continence-foundation.org.uk

'For people with bladder and bowel problems.'

The Prostate Cancer Charity

www.prostate-cancer.org.uk

'Prostate cancer is our sole concern.'

The Sexual Dysfunction Association

www.impotence.org.uk

'To help sufferers of impotence (erectile dysfunction) and their partners.'

The Prostate Cancer Centre

www.prostatecancercentre.com

'Providing a single point of referral to specialists at the forefront of the treatment of localised prostate cancer.'

Mr John Davies - Cryotherapy and high intensity focused ultrasound (HIFU).

Mr Christopher Eden - Laparoscopic radical prostatectomy.

Professor Stephen Langley - Brachytherapy.

Other useful websites

www.prostatespecialist.co.uk

www.seattleprostateinst.com

PLEASE COMPLETE THIS QUESTIONNAIRE FOR THE PAST MONTH

GLOBAL MALE HEALTH INVENTORY

Name.....

Date.....

These questions are designed to help you and your doctor identify whether you may be experiencing **erectile dysfunction**, also known as **impotence**. If you are, and your treatment worsens the condition, you may wish to discuss the treatment options with your doctor.

Circle the response that best describes your own situation. Please be sure that you select one and only one response for each question.

1. Are you currently taking Viagra, Levitra or Cialis?

Yes

No

2. Over the past month, how do you rate your confidence that you can get and keep your erection?

Very low

Low

Moderate

High

Very high

1

2

3

4

5

3. Over the past month, when you had erections with sexual stimulation, **how often** were your erections hard enough for penetration?

No sexual activity

Almost never or never

A few times (much less than half the time)

Sometimes (about half the time)

Most times (much more than half the time)

Almost always or always

0

1

2

3

4

5

4. Over the past month, during sexual intercourse, **how often** were you able to maintain your erection after you had penetrated (entered) your partner?

Did not attempt intercourse

Almost never or never

A few times (much less than half the time)

Sometimes (about half the time)

Most times (much more than half the time)

Almost always or always

0

1

2

3

4

5

5. Over the past month, during sexual intercourse, **how difficult** was it to maintain your erection to completion of intercourse?

Did not attempt intercourse

Extremely difficult

Very difficult

Difficult

Slightly difficult

Not difficult

0

1

2

3

4

5

6. Over the past month, when you attempted sexual intercourse, **how often** was it satisfactory for you?

Did not attempt intercourse

Almost never or never

A few times (much less than half the time)

Sometimes (about half the time)

Most times (much more than half the time)

Almost always or always

0

1

2

3

4

5

These questions relate to your current **ease of urination** and are of **great importance** in assessing you before and after Brachytherapy. Please circle the closest answer to how you have felt over the last month.

1. **Incomplete Emptying** Over the past month, **how often** have you had a sensation of not emptying your bladder completely after you finish urinating?

Not at all Less than 1 time in 5 Less than half the time About half the time More than half the time Almost always

2. **Frequency** Over the past month, **how often** have you had to urinate again less than 2 hours after you finished urinating?

Not at all Less than 1 time in 5 Less than half the time About half the time More than half the time Almost always

3. **Intermittency** Over the past month, **how often** have you found you had stopped and started again several times when you urinated?

Not at all Less than 1 time in 5 Less than half the time About half the time More than half the time Almost always

4. **Urgency** Over the past month, **how often** have you found it difficult to postpone urination?

Not at all Less than 1 time in 5 Less than half the time About half the time More than half the time Almost always

5. **Weak Stream** Over the past month, **how often** have you had a weak urinary stream?

Not at all Less than 1 time in 5 Less than half the time About half the time More than half the time Almost always

6. **Straining** Over the past month, **how often** have you had to push or strain to begin urination?

Not at all Less than 1 time in 5 Less than half the time About half the time More than half the time Almost always

7. **Nocturia** Over the past month, **how many times** on average did you get up each night to urinate?

None 1 time 2 times 3 times 4 times 5 times or more

Quality of Life due to Urinary Symptoms If you were to spend the rest of your life with your urinary condition just the way it is now, **how would you feel** about that?

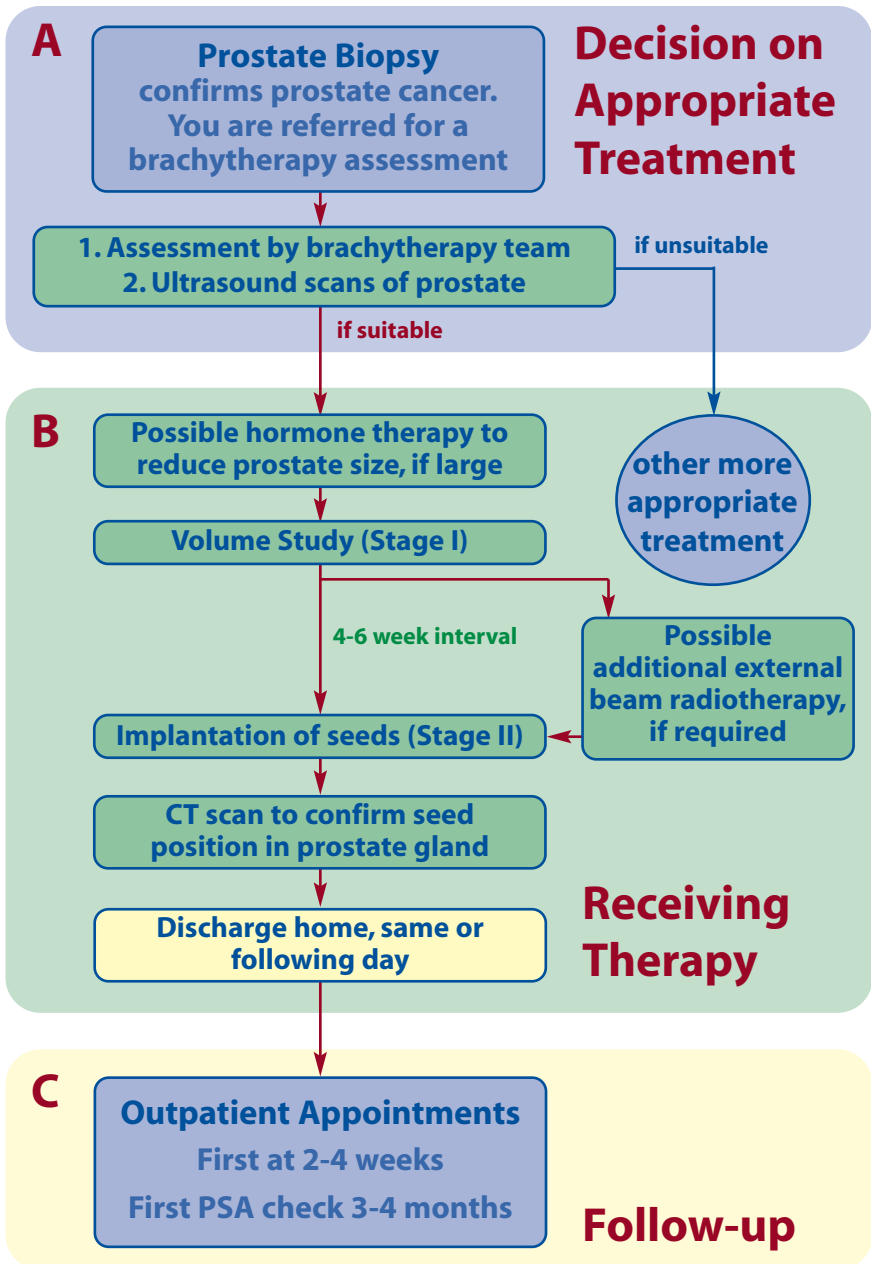
Delighted Pleased Mostly satisfied Mixed (Equally satisfied & dissatisfied) Mostly dissatisfied Unhappy Terrible

Thank you for completing this questionnaire

Prostate brachytherapy: questions to ask your doctor

- Will I be given hormone treatment prior to brachytherapy? If yes, why? If not, why not?
- How long does the procedure take?
- How many of these procedures do you do a year?
- Will I require external beam radiotherapy as well as brachytherapy?
- In your experience, how successful is this procedure?
- What are your results in respect of impotence and incontinence?
- How long will I be in hospital?
- Will I have much pain after the implant and how will the pain be controlled?
- How soon is my follow-up appointment after discharge, and when will the PSA first be measured?
- How often will my PSA be checked?
- What should the PSA be after brachytherapy? What would it mean if it doesn't reach that level? What would you do then?

The steps in your treatment for prostate cancer



Patient Notes

Useful Telephone Numbers

For administrative matters, treatment dates or enquiries, **during office hours**, please contact:

Julia Denyer

Brachytherapy Co-ordinator
Royal Surrey County Hospital
Telephone: 01483 571122 *Ext:* 2035
Fax: 01483 464838
E-mail: julia.denyer@roysurrey.nhs.uk

For enquiries relating to patient care or problems after implants, **during office hours**, please contact:

Donna Higgins

Senior Brachytherapy Nurse Specialist
Royal Surrey County Hospital
Telephone: 01483 571122 *Ext:* 2058
Fax: 01483 464838
Pager: 4897 (via hospital switchboard)
Mobile: 07950 966330
E-mail: donna.higgins@nhs.net

Sara Khaksar

Brachytherapy Fellow
St Luke's Cancer Centre
Royal Surrey County Hospital
Telephone: 01483 571122
Pager: 6828 (via hospital switchboard)
E-mail: sarakhaksar@doctors.org.uk

Denise Woolman (Private patients)

Practice Manager to Mr Langley
Guildford Nuffield Hospital
Telephone: 01483 575511
Fax: 01483 555848
E-mail: denisewoolman@dial.pipex.com

For enquiries relating to patient care or problems after implants, **at other times**, please contact the ward below or discuss with your GP:

NHS Patients

Onslow Ward
Royal Surrey County Hospital
Telephone: 01483 406858

Private Patients

Surgical Ward
Guildford Nuffield Hospital
Telephone: 01483 555881

Hospital Addresses

NHS Patients

Royal Surrey County Hospital
Egerton Road, Guildford
Surrey GU2 5XX

Private Patients

Guildford Nuffield Hospital
Stirling Road, Guildford
Surrey GU2 7RF



The Brachytherapy Team
at The Prostate Cancer Centre
Guildford

Tel: 0845 370 7000 (local rate)

Professor Stephen Langley, *Professor of Urology*
Dr Robert Laing, *Consultant Radiation Oncologist*
Dr Julian Money-Kyrle, *Consultant Radiation Oncologist*
Mrs Julia Denyer, *Brachytherapy Co-ordinator*



Date of preparation: May 2005